

Please note, this is a working document and by no means is complete or exhaustive. If you'd like to be a part of building the capacity of the FeedGH initiative, please reach out.



**FeedGH**

Increasing access to health care  
Promoting healthy behaviors and activities  
Creating a community that promotes health for everybody.

FeedGH is a specific initiative within United Way's building block of Health, that connects individuals and families to critical resources for good mental and physical health.

United Way's overall goal for the building block of health is to enable individuals and families to improve their health. Together this building block creates healthy opportunities across the lifespan, establishing policies and systems that help communities and programs that build skills and behaviors with individuals. Many obstacles stand in the way of good health for low-income households. Affordable fresh fruits and vegetables are often hard to access, and those who live below the poverty line consistently have higher rates of obesity, diabetes, and high blood pressure.

Good physical and mental health are essential ingredients for individual success and a thriving community.

Healthy kids are more likely to succeed in school. The whole community will flourish when all of our residents have access to public parks, playgrounds, healthy foods and quality healthcare. We are committed to more than short-term charity for a few; we are committed to lasting solutions that build opportunity for all. .

## **GOAL 1: ACCESS TO BASIC NECESSITIES**

### **Strategy 1: Increasing access to food and other essentials**

#### **Approaches**

- Promote health insurance enrollment
- Remove barriers to access public benefits and health resources
- Increase health services reaching underserved communities

#### **Programs**

##### **Existing Member Agency Programs**

- Coastal Harvest
- Feed the Hungry
- CASA
- Lifeline Connections
- Senior Nutrition
- United Way Emergency Fund
- The Benevolence Fund
- Haven House

##### **Program Opportunities**

Blue Zones